

DEVELOPING YOUR PERSONAL MISSION

The goal of this document is to help you define a personal mission statement, that takes your strengths and passions into account and is authentic and attractive to you personally.

Usually we use personality tests to help us find out who we are and what we are good at. *However, the following questionnaires can also be used in a different way, so that we can get a clearer picture of who we want to be and what our ideal self looks like.*

In order to do so, you simply answer the questions of the questionnaire not factually and retrospectively, but future-oriented and with your best self in mind, as if you were already that certain person you are aspiring to be.

1. SELECT A HIGH QUALITY PERSONALITY SURVEY

www.

We recommend the [VIA Character Strengths](#) questionnaire, offered by the institute for positive psychology at the University of Pennsylvania, or the [16 Personality Questionnaire](#), based on the Meyers-Briggs Type Indication (MBTI). Both are free to use.



2. PREPARE

Take your time and make sure to be in a positive, energetic mood, thinking about who you are aspiring to be.



3. TAKE THE SURVEY

Take the survey and make your decisions stemming from this aspirational version of yourself.



4. REVIEW YOUR RESULTS

When reviewing your results, look for the lines of text that resonate with you, feel authentic and compelling.

INSPIRATIONAL QUESTIONS

Let's focus on three main areas that are important parts to crafting your mission statement.



CHARACTER – WHO I WILL BE

Who do I aspire to be as a person?

What do I really enjoy doing, both in my personal and professional life?

When I look at my life, which my talents do I consider of greatest worth?

If today was my 80th birthday, what would I like others to say about me in their speeches?

CONTRIBUTIONS & ACHIEVEMENTS – WHAT I WILL DO

If I had unlimited resources, what would I choose to do?

When I look at my work life, which activities do I consider of greatest worth?

What do I consider to be my most important future contribution to the most important people in my life?

What roles do I have in my life (colleague, friend, spouse, daughter,..)? What do I want to contribute here?

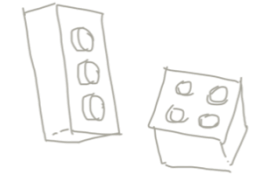
VALUES & PRINCIPLES – WHAT MY BEING AND DOING WILL BE BASED ON

What principles are so fundamental to who I am as a person, that they should form the basis of my achievements?

What beliefs or insights do I have, that I consider essential for my long-term success and happiness?

If everyone just did this one thing, the world would be a better place tomorrow..

CRAFTING YOUR MISSION



Your mission articulates an attractive, possible future, while also containing compelling stretch-goals for yourself.

When crafting your statement try to keep it short and simple. Saying it out loud for yourself is also a good way to test it.

WHO I WANT TO BE

WHAT I WANT TO DO

WHAT VALUES AND PRINCIPLES MY BEING AND DOING IS BASED ON

Lastly, when and how are you going to remind yourself about your mission statement? When would be a good time to review your mission statement? You may create a reminder (including your mission statement) in your calendar.